



STE. AGATHE DES MONTS

QUÉBEC > LAURENTIAN REGION

- www.ville.sainte-agathe-des-monts.qc.ca
- Located in the Laurentian Mountains
- Population approximately 10,115
- 20 km south of Mont Tremblant, 90 km northwest of Montréal

Notable features:

- In close proximity to the world famous Mont-Tremblant Ski Resort
- Mainly Francophone community with French-Only schools
- Four-season recreational destination; cottage destination for families from Montreal, New York, New Jersey
- The P'tit Train du Nord offers 200 km of cross-country (winter) or cycling trails. This former train trail is now well-used by local cyclists/skiers and presents the opportunity to pass by many of the quaint villages along its lengthy route.
- Canadian author Mordecai-Richler set his book "Apprenticeship of Duddy Kravitz" in this town

Main Attractions:

- P'tit Train du Nord: www.lepetittraindu nord.com
- Église Ste-Agathe: www.paroissesteagathe.com
- Lac des Sables - beachfront
- Mont Tremblant Ski Resort (20 km away): www.tremblant.ca
- Parc des Campeurs Ski de fond (cross-country skiing): www.parcdescampeurs.com
- "L'Hiver en Nord" winter festival

Libraries: 1 public library

Shopping Malls: Small boutique shops

Movie Theatres: 1 (movies in French)

High Schools: 1 French-language public high school

Public Transit: no public transit / bus service from all Laurentian region to Montreal (approx. 40 min - 1 hour)

Transit to school may include: School bus / Walking

SISTER CITIES:

Lagny-sur-Marne, Île-de-France (France)
Saranac Lake, New York (USA)

Small Town

FRANCOPHONE

IN THE HEART OF THE LAURENTIANS

At the heart of the Laurentians and in close proximity to Montreal, Mont Tremblant and Saint-Sauveur, Ste-Agathe-des-Monts is a center filled with activities. Formerly a stop on the famous rail line to Tremblant, cyclists or cross-country skiers can still take "Le p'tit Train du Nord" from the old remodeled station to the many other towns along its route. The magnificent Lac des Sables, located in the heart of the town, is always appealing to visitors. Ste-Agathe has one of largest population of English-speaking summer cottage residents in the Laurentians, second only to Mont Tremblant (with a smaller but still sizable winter cottage population particularly on the weekends)

Average Temperatures: [° c]

| Ave | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| High | -5 | -3 | 2 | 11 | 19 | 23 | 26 | 25 | 20 | 13 | 5 | -5 |
| Low | -14 | -14 | -6 | 1 | 7 | 13 | 15 | 14 | 9 | 4 | -1 | -10 |



Discover: the LAURENTIANS



The LAURENTIANS:
THE ULTIMATE SKI AND OUTDOOR ADVENTURE
DESTINATION IN FRENCH CANADA!

www.laurentides.com

Named for the mountain range, the quaint communities of the Laurentian region are mainly Francophone with some bilingual French/English families. This is an outdoor adventure haven with over a dozen ski hills, including Mont Tremblant Resort, a thousand kilometers of cross country and snowshoe trails along with dozens of hiking and cycling trails. In all the towns, the local people are friendly and display typically Québec hospitality that comes from the heart.

Location: 70-135 km northwest of Montréal

Outdoor Sports: Bird Watching • Boating • Cross Country Skiing • Cycling • Dog Sledding • Fishing • Ice Fishing • Golfing • Hiking • Horseback Riding • Rock Climbing (Via Ferrata) • Rollerblading • Skating • Skiing • Snowboarding • Snowmobiling

Recreation for students:

- Coffee shops • Festivals • Libraries • Music concerts • Movies • Parks • Restaurants (formal and fast food) • Outdoor recreation • Ski Resorts / Mountain Resort Recreation • Shopping • Sports

Why the Laurentians?

- Experience French Canada
- Francophone communities with French-only schools
- Excellent recreational opportunities
- Four-season destination
- Mont Tremblant is a world-class ski resort



photo: Tourism Laurentians

WINTER SPORTS - SKIING, SNOWBOARDING



photo: Tourism Laurentians

SPRING/SUMMER/FALL ADVENTURES



photo: Tourism Laurentians

BEAUTIFUL NATURAL SETTINGS



FRENCH LANGUAGE SCHOOLS



OTTAWA: approx 160 km



MONTREAL: approx 100 km



www.mliesl.com

