



OTTAWA

ONTARIO > OTTAWA REGION

- www.ottawa.ca
- Located on the Ottawa River, on the border between the provinces of Ontario and Quebec
- Population: approximately 883,500 (city), 1,240,000 (metro)
- 85 km north of Toronto

SISTER CITIES:

Beijing (China) • Buenos Aires (Argentina)
Catania, Palermo & Campobasso (Italy)
Seoul (South Korea)

Urban Centre

CANADA'S NATIONAL CAPITAL

Ottawa is Canada's national capital, the seat of Canada's Federal Government and home to many museums, galleries, parks and theatres. Ottawa as a city is small compared to other large metropolis centres, and as such it has the unique charm of being modern and vibrant while retaining many of the charms generally found in smaller cities. It has consistently been ranked as having one of the highest quality of living standards of any large city in the Americas. Very pedestrian-friendly, Ottawa offers cycling paths throughout the city, as well as one of the largest outdoor markets in Canada. Approximately 40% of the population are bilingual, making it the largest city in Canada with both English and French as co-official languages.

Notable features:

- Canada's National Capital
- Bilingual (French/English) experience possible
- City is surrounded by many parks and protected areas offering outdoor adventures within a short drive
- Among Canada's top-ranked livable cities and from 2010-2012 ranked as the best community in Canada to live in by *MoneySense Magazine*
- NHL Hockey (Ottawa Senators), CFL Football (Ottawa Renegades), National Lacrosse (Ottawa Rebels), Can-Am Baseball (Ottawa Rapids) + many minor leagues
- 90 kilometres of hiking and mountain-biking or hiking trails in Gatineau Park

Main Attractions:

- Houses of Parliament: www.parliamenthill.gc.ca
- Rideau Canal: www.rideauheritageroute.ca
- ByWard Market: www.byward-market.com
- The National Gallery of Canada: www.gallery.ca
- Canadian Museum of Civilization: www.civilization.ca
- The Canadian War Museum: www.warmuseum.ca
- Canadian Museum of Nature: www.nature.ca/en/home
- Rideau Hall: www.gg.ca
- Winterlude (Winter festival): www.canadascapital.gc.ca/winterlude

Libraries: 33 public library branches serving many neighbourhoods

Shopping Malls: several large malls, shopping plazas and boutiques

Movie Theatres: several large multiplex in various neighbourhoods

High Schools: several public high schools

Public Transit: Public transit - bus and light rail system servicing Greater Ottawa

Transit to school may include: Public transit / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-7	-5	2	11	18	23	26	24	19	13	4	-4
Low	-16	-14	-7	1	7	12	15	14	9	3	-2	-11

Discover: OTTAWA

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MONTREAL: 200 km

National Capital Region ... Canada's Adventure Playground

www.ottawatourism.ca
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The area surrounding Canada's capital (including Gatineau in Quebec) is known as the National Capital Region and encompasses 4,662 square kilometres (1,800 square miles) of an enchanting mix of urban and rural landscape. The area is served by three rivers (the Ottawa, Rideau and Gatineau), feeding hundreds of lakes, surrounded by acres of national and provincial parks. Hiking, fishing, golfing and skiing are mere minutes from any of the cities/towns in the region.

Location: eastern edge of Ontario, bordering the Gatineau region of the province of Quebec

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Roller-blading • Skating • Skiing • Snowboarding • White Water Rafting

Recreation for students: Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Ottawa?

- Ottawa is Canada's national capital city
- Bilingual region (English/French)
- Option for a bilingual experience through host family/school
- Outdoor adventure lies just outside the city, and in Québec

