



KINGSTON

ONTARIO > KINGSTON REGION

- www.cityofkingston.ca
- Located in Eastern Ontario, where Lake Ontario flows into the St. Lawrence River and the Thousand Islands begin
- Population: approximately 160,000 (metro city)
- 200 km east of Toronto, 200 km south of Ottawa and 250 km west of Montreal. Borders upper New York State (USA).

SISTER CITIES:

Cienfuegos (Cuba)
Scottsdale, Arizona (USA)

City/Suburb

The Limestone City

Coined as the "Limestone City" because of the many historic buildings built from local limestone, Kingston has a reputation for being rich in history, culture, critically acclaimed attractions and cuisine. Not only is Kingston home to history and heritage but in recent years has developed a thriving artistic and entertainment lifestyle. The city hosts many festivals including the Limestone City Blues Festival, the Kingston Canadian Film Festival, Fanfayr, the Kingston Buskers' Rendezvous, Kingston Jazz Festival and many more!

Notable features:

- Gateway to the Thousand Islands
- Rideau Canal is designated as a UNESCO heritage site
- Kingston is a well-known destination for fresh-water wreck diving. Some of Kingston's wrecks can be classed among the best fresh water wrecks in the world
- Kingston's economy relies heavily on public sector institutions and establishments including health care, higher education, government (military), and tourism
- Although contested, Kingston lays claim as the birthplace of ice hockey
- Professional sports: Ontario Hockey League - Kingston Frontenacs

Main Attractions:

- Royal Botanical Gardens: www.rbg.ca
- Burlington Art Centre: www.burlingtonartcentre.on.ca
- Bronte Creek Provincial Park: www.ontarioparks.com
- Conservation Halton: www.conservationhalton.on.ca
- Thousand Islands: www.visit1000islands.com/visitorinfo
- Numerous hiking trails
- The Waterfront at Burlington Downtown & the Brant Street Pier, Beachway Park

Libraries: 6 public library

Shopping Malls: 4 (incl. Burlington Mall and Maplevue Centre) including clothing and music stores plus fast food eateries

Movie Theatres: 2 multiplex

High Schools: several public schools (2 that offer ESL)

Public Transit: Public bus system; VIA train/bus to Toronto

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-3.2	-2	3	10	16	21	25	24	20	13	7	0
Low	-12	-11	-6	-1	7	12	16	15	10	4	-1	-8

Discover: KINGSTON



THOUSAND ISLANDS



HISTORIC CULTURE AND MILITARY HISTORY



TEEN-FRIENDLY AMENITIES



EXCELLENT SCHOOLS



TORONTO & OTTAWA: 200 km



MONTREAL: 250 km

Kingston. . . Where history and innovation thrive

www.tourism.kingstoncanada.com

Centrally located in the heart of Eastern Ontario, the Kingston region is steeped in history and tradition. Residents of the county enjoy the advantages of working, traveling and living in one of the most breathtaking parts of the province. Main attractions to this area include the simplicity of living, the urban nature of the city of Kingston as well as the natural beauty of the Thousand Islands.

Location: 200 km east of Toronto, 200 km south of Ottawa and 250 km west of Montreal

Outdoor Sports: Boating • Camping • Cycling • Fishing • Golfing • Hiking • Hockey • Horseback Riding • Ice Skating • Rollerblading • Rowing • Sailing • Skating • Skiing • Snowboarding • Snowmobiling

Recreation for students:

• Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Galleries • Restaurants (formal and fast food) • Shopping malls & centres • Sports • Theatre • Youth recreational centres • Historical Buildings

Why Kingston Region?

- Culture, heritage and recreation
- Rural tranquility and urban bustle
- Safe and friendly community
- Home to heritage and tradition
- Ranked #4 as the "best place to live and work in Canada"



www.mliesl.com

